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Past month Highlights
Theme: Our Basic Needs

Class: 1C & 1D

9th December, 2019 to 10th January, 2020

Highlighted activities of the Month

Environmental studies: Children had a wonderful time practically experiencing the facts about labels on food packets. They were given knowledge regarding expiry date, weight, ingredients, and manufacturing. They asked many questions related to the same. We also discussed about balance diet, food groups, vitamin rich fruits and vegetables, benefits of resting and exercising. It was a great learning experience for them.



Mathematics: Students had hands on experience of measuring liquids with different shaped bowls. They made various 3D shapes using Popsicle sticks and clay along with recapitulation of different features of 2D and 3D shapes. They also measured different objects in the class using measuring tapes and ruler.

They collected the data of fruits and vegetables that they they eat in a week and converted the data into Bargraph. Recapitulation of the concepts like addition &



subtraction with regrouping, comparing, ordering, skip counting, odd-even numbers was done.

English: Children learnt about parts of a book. They designed their own cover page while writing a story in a booklet made out of A4 size papers. They brought in changes in the Lost and Found story by adding in a new character and new places. They even illustrated their story. Children came up with varying stories which was very surprising.

Hindi: Children did recapitulation of 'choti u' ki matra through worksheet and did chapter "Laal Gulab" and its exercise. "Badi oo ki Matra" was also introduced and children also learned the difference in the pronunciation of "Badi u and choti u". The teacher also told some moral stories which the students enjoyed.

ICT:Students were able to learn about the parts of web pages. They were also able to type on the 'Our basic needs' in word file.

Co – Curricular Activities:

Celebration:

- Reading Week
- Read to Lead
- Christmas
- Uttarayan
- World Television Day

Sports:

- Football: Students were taught to defend with proper goal awareness, body-positioning and tackling by creating situations of match similarly they were also taught to attack to score more goals.
- Chess: Recapitulation of the basics in the chess. They practised chess on the board along with discussion of tournament rules. They also learnt how to write a game (notation).
- Yoga: Students practised power yoga and meditation along with asanas like Padmasana, Trikonasana, Padahasthasana, Tadasana and surya namaskar.
- Athletics: Students performed pranayam, surya namaskar and various asanas as a part of warm up followed by sprints, squats and different races.

Visual Arts: Children were asked to make paper house with roof. They then did coloring of the windows and door. They enjoyed while making it and created designs on wall of the house using their own creativity.

Performance Arts:

- Music: Students were taught third alankar and the song "Dil hai chota sa".
- Dance: The students learnt dance on the song "O papad wale."
- **Drama:** The children in groups of 8-9 discussed and dramatized the play Wombat goes walkabout. They had a lot of fun in acting out the different characters from the book which they had already read.

Extra-curricular Activities :

• Self Enrichment: Students continued with their module of 'Connections' where they developed a web about all the connections they have with living and non-living things. Through activities, they wrote a letter to their favourite non-living thing showing gratitude. Further, they made a family tree showing their different connections to the family members. The students learnt about various ways in which they can connect better with themselves and reflected about the feelings, thoughts and things that make them happy or upset.

• Interest Center: Students suggested and voted for their favourite fairytale which can be performed in the form of musical play. Students also researched about history of musicals of India, USA and UK.



House Activity:

Students celebrated Uttarayan where they were given a piece of paper and they made Kite Origami out of it and decorated it.

Students reflection:

Class 1C

• Shubhi: "We need house to protect from thieves."

• Kaavya: "We need food to grow."

Class 1D

• Ahaan: "We have different types of rooms in the house".

• Yatharth: "We need water to live."